

CURRICULUM 2020

# BACHELOR OF HEALTH CARE, DIACONAL NURSE

DIACONIA UNIVERSITY OF APPLIED SCIENCES

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2020

## Programme structure

THE BASIS OF PROFESSIONAL ENCOUNTERS AND THE SERVICE SYSTEMS, 1ST TERM	34 ECTS
<b>P</b> ● Orientation to higher education studies	2 ECTS
<b>A</b> ● Basis of customer work	6 ECTS
<b>A</b> ● Encounters in a care relationship	6 ECTS
<b>A</b> ● Clinical nursing I	8 ECTS
<b>A</b> ● The church as an operating environment	5 ECTS
<b>H</b> ● Basic work placement in nursing	5 ECTS
<b>P</b> ● Introduction to Swedish	2 ECTS

INCLUSION AND GUIDANCE, 2nd TERM	32 ECTS
<b>A</b> ● Inclusive interaction and guidance	9 ECTS
<b>A</b> ● Clinical nursing II	7 ECTS
<b>A</b> ● Safe pharmacotherapy and drug calculations	2 ECTS
<b>H</b> ● Supporting and guiding the ability to function – work placement	8 ECTS
<b>P</b> ● Professional Swedish	3 ECTS
<b>O</b> ● Tools for developing the professional field I	3 ECTS

CLINICAL NURSING, 3rd TERM	34 ECTS
<b>A</b> ● Adult nursing	7 ECTS
<b>A</b> ● Adult pharmacotherapy and drug calculations	2 ECTS
<b>H</b> ● Clinical work placement in adult nursing I	6 ECTS
<b>H</b> ● Clinical work placement in adult nursing II	6 ECTS
<b>A</b> ● Theological foundations of diaconal work and Christian education I	5 ECTS
<b>A</b> ● Elder care	4 ECTS
<b>A</b> ● Pharmacotherapy and drug calculations in elder care	2 ECTS
<b>O</b> ● Tools for developing the professional field II	2 ECTS

VARIETY OF LIFE PATHS AND HEALTH PROMOTION I, 4th TERM	32 ECTS
<b>A</b> ● Palliative and spiritual nursing	5 ECTS
<b>H</b> ● Clinical work placement in elder care / work placement in home nursing	7 ECTS
<b>A</b> ● Mental health and substance abuse work	8 ECTS
<b>A</b> ● Pharmacotherapy and drug calculations in mental health and substance abuse work	1 ECTS
<b>H</b> ● Work placement in mental health promotion and substance abuse work	8 ECTS
<b>O</b> ● Development and innovation I	3 ECTS

VARIETY OF LIFE PATHS AND HEALTH PROMOTION II, 5th TERM	27 ECTS
<b>A</b> ● Child, adolescent and family nursing	6 ECTS
<b>A</b> ● Pharmacotherapy and drug calculations in child and adolescent work	1 ECTS
<b>A</b> ● Vaccinations and the prevention of infectious diseases	2 ECTS
<b>H</b> ● Clinical work placement in child, adolescent and family nursing	8 ECTS
<b>A</b> ● Theological foundations of diaconal work and Christian education II	5 ECTS
<b>P</b> ● Professional English	3 ECTS
<b>O</b> ● Development and innovation II	2 ECTS

APPLIED AND DEVELOPING EXPERTISE, 6th TERM	33 ECTS
<b>A</b> ● Developing expertise in nursing	5 ECTS
<b>A</b> ● Expertise in diaconal nursing	8 ECTS
<b>H</b> ● Expertise in diaconal nursing – work placement	15 ECTS
<b>H</b> ● Development and innovation III	5 ECTS

PARTICIPATORY DEVELOPMENT AND ADVOCACY I, 7th TERM	30 ECTS
<b>A</b> ● Multicultural work in and international responsibility of the church	5 ECTS
<b>A</b> ● Expertise in diaconal work	10 ECTS
<b>A</b> ● Diaconal work – work placement	10 ECTS
<b>H</b> ● Development of parish work	5 ECTS

PARTICIPATORY DEVELOPMENT AND ADVOCACY II, 8th TERM	18 ECTS
<b>O</b> ● Development and innovation IV	5 ECTS
<b>A</b> ● Modern interpretations of Christianity	5 ECTS
<b>VV</b> ● Advanced work placement in nursing	8 ECTS

### Symbols:

- Mutual studies for all fields
- Field-specific studies
- Differentiating church studies

- P** Basic studies
- A** Vocational studies
- H** Field-specific work placement
- O** Thesis / CBPR
- VV** Electives

# BACHELOR OF HEALTH CARE, DIACONAL NURSE

## CURRICULUM 2020

The curriculum fulfils the Act (559/1994 and 1200/2007), Decree (564/1994) and EU directives (updated 2013/55/EU) on health care professionals as well as nationally agreed competence requirements of registered nurse education (2019).

The degree includes at least 90 credits of theological studies and vocational studies related to parish and church work as referred to in the decision by the General Synod on 24 January 2017 (Church statutes no. 124). The degree gives the competence required from those who hold the office of a deacon at the Evangelical Lutheran Church of Finland and an office-holder (deaconess) who carries out diaconal work as their main task.

### **BACHELOR OF HEALTH CARE, DIACONAL NURSE 240 ECTS BASIC STUDIES 10 ECTS:**

Introduction to Swedish 2 ECTS, Professional Swedish 3 ECTS, Professional English 3 ECTS, Orientation to higher education studies 2 ECTS. Finnish language and communication is integrated into vocational studies.

### **VOCATIONAL STUDIES 207 ECTS**

#### **ELECTIVES 8 ECTS:**

Advanced work placement in nursing

#### **THESIS 15 ECTS**

The bachelor of health care, diaconal nurse studies comprise of six thematic sections divided into study modules. The thematic sections are:

- The basis of professional encounters and the service system 34 ECTS
- Inclusion and guidance 32 ECTS
- Clinical nursing 34 ECTS
- Variety of life paths and health promotion 59 ECTS
- Applied and developing expertise 33 ECTS
- Participatory research and advocacy 48 ECTS

Church studies (90 ECTS) are partially integrated into nursing studies and partially separate. They have the following structure:

- Theological studies 20 ECTS
- Church vocational studies 40 ECTS
- Parish and church working life studies 15 ECTS
- Thesis 15 ECTS

The studies follow the Community-Based Participatory Research model (CBPR) where learning and

# THE BASIS OF PROFESSIONAL ENCOUNTERS AND THE SERVICE SYSTEMS

**ORI0002A20S      ORIENTATION TO HIGHER EDUCATION STUDIES      2 ECTS**

*Intended learning outcomes*

Students

- are familiar with the Diak way of thinking, such as a developing work attitude and the basics of professional critical reflection
- know how to steer their professional growth process towards a developing work attitude and professional critical reflection
- are familiar with Diak's study principles and learning tools.

*Core contents*

- the Diak way of thinking, such as a developing work attitude and professional critical reflection
- Diak's study policies as well as digital learning tools and environments

**ASI0006A20S      BASIS OF CUSTOMER WORK      6 ECTS**

**YHT1004A20S      Ethics and expertise in the social, health and church sectors      4 ECTS**

\*The study module includes 2 ECTS of church studies (The professional basis of diaconal work and Christian education)

*Intended learning outcomes*

Students

- know how to analyse the multidisciplinary basis of expertise and the challenging changes of the future
- are familiar with the history and central concepts of their professional field
- know how to analyse the view of humans and values behind their ethical actions
- are familiar with Diak's values and basic task in the education system
- know how to produce study-related texts based on source materials

*Core contents*

- central underlying sciences and concepts in the social, health and church sectors
- the history, current state and future of the professions
- the shared ethical basis of the professions, Diak's value basis
- how to use sources in texts, language guides and grammatical correctness

**ASI0202A20S      Service system and operating environment in the social, health and church sectors      2 ECTS**

*Intended learning outcomes*

Students

- understand the methods, guidance and supervision of organising social services and healthcare activities and service production
- understand the organisation and methods of organisation in the church sector, third sector and civil society
- are familiar with the most central smart services and wellbeing technology applications
- understand the significance of various actors in service production and quality
- know how to analyse customers' position and rights in the social services and healthcare service systems

*Core contents*

- service structures of social services and healthcare
- current norm, resource and information guidance within social services and healthcare
- activities within the church, third sector and civil society
- smart services and wellbeing technology applications

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- multidisciplinary collaboration and customer health and wellbeing
- rights and position of customers/patients in service systems

**KOH0006A20S ENCOUNTERS IN A CARE RELATIONSHIP 6 ECTS**

**KOH0103A20S Care relationship, diverse and multicultural customers 3 ECTS**

\*The study module includes 2 ECTS of church studies (The professional basis of diaconal work and Christian education)

*Intended learning outcomes*

Students

- know how to explain the basis of a good care relationship and the characteristics of a patient-nurse relationship from the viewpoint of nursing
- understand the significance of nursing principles and brotherly love in care relationships
- understand the customer's diversity, multiculturality, life history and experiences as the basis for encounters and the care relationship
- identify their personal attitudes and prejudices in customer relationships and develop their own culturally sensitive work method
- know how to work in a multidisciplinary manner and utilise the competence of various experts in customer relationships

*Core contents*

- nursing science-based information in a care relationship
- values, principles and caring in nursing
- customers' diversity, multiculturality, life history and experiences in a care relationship
- personal self-knowledge and cultural sensitivity
- multidisciplinary working

**YHT2003A20S Human growth and development 3 ECTS**

\*The study module includes 1 ECTS of church studies (The professional basis of diaconal work and Christian education)

*Intended learning outcomes*

Students

- understand the development phases of the human lifecycle
- understand the emotional, cognitive, moral, religious and social development phases of humans
- know how to analyse and advance their personal growth and development

*Core contents*

- the human lifecycle
- the emotional, cognitive, moral, religious and social development of humans
- professional and personal growth

**KHO1008A20S CLINICAL NURSING 1 8 ECTS**

**KHO1102A20S The decision-making process and documentation in nursing 2 ECTS**

*Intended learning outcomes*

Students

- understand the national decision-making process in nursing and the basics of drafting a treatment plan
- understand the need for multidisciplinary information in decision-making
- know the basics of drafting and processing patient documents →

# THE BASIS OF PROFESSIONAL ENCOUNTERS AND THE SERVICE SYSTEMS

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## Core contents

- understand the concept and significance of evidence-based action in nursing
- the decision-making process in nursing and treatment plans
- the multidisciplinary theory basis of decision-making
- patient documents, drafting and processing
- structured nursing records
- FinnCC classifications
- evidence-based action and treatment quality
- student's responsibility in entering information in patient documents

## **KHO1202A15S** Intended learning outcomes

### **Anatomy and physiology I**

**2 ECTS**

#### Students

- know how to describe the structure of cells, tissues, skin, organs and organ systems, the control and tasks of functions in the human body
- know the control and tasks of blood circulatory and respiratory functions
- know how to locate organs and use the most common scientific

## Core contents

- cells, tissues, skin, organs
- blood, blood circulation, lymphatic system, respiration, parts of the nervous system
- structure of organ systems, control and tasks of the functions
- location of organs in the body
- the most common scientific concepts
- clinical patient examples

## **KHO1302A20S** Intended learning outcomes

### **Prevention of infections and asepsis**

**2 ECTS**

#### Students

- understand the basics of infection prevention and asepsis and can justify their significance for nursing
- are familiar with the most common and relevant diseases caused by viruses and bacteria, their prevention and matters considered in nursing

## Core contents

- microbiology
- prevention of infections and basics of asepsis
- diseases caused by microbes
- prevention of infectious diseases and activities in nursing
- prevention of highly contagious diseases

## **KHO1402A15S** Intended learning outcomes

### **Basic nursing, support in basic daily activities and ergonomics, simulations**

**2 ECTS**

#### Students

- know how to encounter the customer as an active player in their care
- know how to carry out basic nursing and support the patient in daily activities
- know how to use bodily interaction in therapeutic assistance situations
- know how to act aseptically correct
- know how to operate in an ergonomic way
- know how to justify their actions

*Core contents*

- customer as an active player
- basic nursing and daily basic activities, risk assessment and prevention of pressure sores
- bodily interaction
- aseptic activities and procedures
- work ergonomics
- patient safety

**STY0005A20S THE PARISH AS AN OPERATING ENVIRONMENT****5 ECTS***Intended learning outcomes*

## Students

- are familiar with the parish as an operating environment and know how to analyse its spiritual and social dimensions
- know how to analyse the competence needed in parish work
- are familiar with the tasks in a parish and the significance of collaboration between them
- know how to analyse the basics of creating a community and enabling and strengthening inclusion in a parish
- know the basics of pastoral care, confirmation classes and family-oriented work
- know how to analyse the realisation of the main task of the parish from the viewpoint of accessibility, equality and sustainable development

*Core contents*

- the spiritual and social dimensions of parish work
- competence required in church work (core competence descriptions)
- parish tasks
- key principles of pastoral care, confirmation classes and family-oriented work
- creation of community and volunteer work in a parish
- accessibility, equality and sustainable development in a parish

**HAR1005A15S BASIC WORK PLACEMENT IN NURSING****5 ECTS***Intended learning outcomes*

## Students

- know how to act according to the operating environment's data security and protection practices and patient and customer safety practices
- know how to create a care and customer relationship and assess their readiness to encounter the patient and customer holistically while considering the diversity and multiculturalism of humans
- know how to observe and respond to humans' daily needs and document their observations by applying the nursing process model
- know how to observe infection risks during the work placement and work in an aseptic way
- know how to act according to nursing principles
- know how to assess the realisation of their objectives and work placement plan and set development objectives

*Intended learning  
outcomes*

Students

- know how to communicate in Swedish in simple, routine-like oral and written everyday situations and new media environments
- are familiar with basic professional vocabulary
- know how to use basic language structures, pronounce understandably and understand the essential meaning in written texts on general topics

*Core contents*

- oral and written communication
- general professional vocabulary





**OSA0104A20S**

**Assisting interaction and guidance**

**4 ECTS**

*Intended learning outcomes*

Students

- know the theoretical basis and inclusive and empowering methods of assisting interaction
- can identify factors influencing communication
- are familiar with the philosophical, ethical and pedagogical basis of guidance and education
- are familiar with the significance of online guidance and health technology as a customer self-care tool in health promotion
- know how to use social media in communicating information to citizens
- understand the significance of evidence-based activities in guidance
- know how to apply nursing science-based information in guidance
- know the principles of plain language and how to produce plain-language texts

*Core contents*

- assisting interaction, inclusive and empowering methods
- assessing and supporting customers'/patients' resources
- basis of guidance and education
- online guidance and health technology
- information and communication technology, digital competence
- information content and pedagogical methods of evidence-based guidance
- nursing science-based information in guidance: commitment, self-care/self-monitoring
- language-based accessibility, plain language, clear speech

**YHT3002A20S**

**Disabilities**

**2 ECTS**

*Intended learning outcomes*

Students

- know the various manifestations of disabilities
- understand disability as part of the diversity of being a human as well as various life paths and situations
- are familiar with disability policies and the values and objectives of disability work, such as promoting the right of self-determination, accessibility and inclusion, and the various methods of working with the disabled
- know how to assess and analyse their values, attitudes and ideas of humans in relation to disabilities.

*Core contents*

- disabilities
- right of self-determination, accessibility and inclusion
- disability policies and values, objectives and working methods of disability work
- Act on Disability Services and Assistance

**OSA0203A20S**

**Health and welfare promotion**

**3 ECTS**

*Intended learning outcomes*

Students

- understand the basis and ethical challenges of health promotion
- understand the nation's state of health and wellbeing and related factors on the level of the individual and communities
- understand the connection of social decision-making and structures to health and wellbeing
- know how to utilise motivating health talk as an assistance method
- are familiar with the legislation and programmes related to the promotion of health and wellbeing

*Core contents*

- principles of health and sickness
- health promotion, different levels and operating methods, such as motivating health talk
- theories and models that explain health and wellbeing
- social dimensions of health and sickness in epidemiology and public health medicine
- factors behind health disparities and marginalisation
- the relationship between lifestyle and health
- norm, resource and information guidance of health promotion and wellbeing
- ethics of health promotion

**KHO2007A20S****CLINICAL NURSING II****7 ECTS****KHO2102A15S***Intended learning outcomes***Anatomy and physiology II****2 ECTS**

Students

- can explain the factors behind the control of the human organ system and can apply their knowledge in clinical nursing
- understand the creation of diseases and the changes they cause to organs

*Core contents*

- digestion, urine excretion, hormones, fluid and salt balance, acid-base balance, thermoregulation, sexual reproductive system, human musculoskeletal system, nervous system
- location of organs in the body
- the most common scientific concepts
- clinical patient examples

**KHO2202A15S***Intended learning outcomes***Methods of rehabilitative health promotion 2 ECTS**

Students

- understand rehabilitative work as part of holistic nursing
- are familiar with the objectives and forms of rehabilitative work
- are familiar with rehabilitative methods that impact individual resources and environmental possibilities
- are familiar with the national assessment method recommendations regarding the ability to function
- know how to assess their own ability to function and the challenges to retain and maintain it to promote their own health

*Core contents*

- rehabilitative work
- resource-oriented rehabilitative process which seeks out the strengths of an individual and supports their initiative-rich nature
- assessment of the ability to function
- individual, group and community rehabilitative methods in institutions and at home
- personal ability to function

## INCLUSION AND GUIDANCE

**KHO2303A20S**  
*Intended learning  
outcomes*

### Observation and treatment of vital functions, simulations

**3 ECTS**

Students

- know how to identify and execute nursing objectives and actions related to changes in the patient's vital functions
- know how to identify and treat a patient in immediate need of first aid and their family members
- know how to use nursing and equipment technology in a safe manner
- know how to document their work according to the national classification model
- know how to justify their actions with up-to-date research data and care recommendations
- blood circulation, respiration, metabolism, secretion, wound treatment
- clinical and physiological measurement methods and assessment
- identifying an emergency patient and first aid
- structured nursing records
- patient guidance, supporting the patient and their immediate circle
- care recommendations and evidence-based action
- decision-making and teamwork competence

*Core contents*

### LÄÄ0102A20S SAFE PHARMACOTHERAPY AND DRUG CALCULATIONS

**2 ECTS**

*Intended learning  
outcomes*

Students

- understand pharmacotherapy as part of patient safety and are familiar with the documentation of dangerous and complication events in pharmacotherapy
- understand their responsibility for their actions during training
- understand the basics of general pharmacology and pharmacy
- know how to look for and apply information on medication from drug databases
- know how to guide patients in pharmacotherapy and the interpretation of an electronic prescription
- know how to execute basic drug calculations without errors

*Core contents*

- the statutory basis governing pharmacotherapy
- pharmacotherapy plan
- basics of safe pharmacotherapy, dangerous and complication event reports
- responsibilities and obligations of a nursing student during the education
- pharmacology, pharmacodynamics, pharmacokinetics, toxicology
- pharmaceutical service
- drug databases and electronic prescriptions
- basics of drug mathematics

**HAR2008A20S**

### SUPPORTING AND GUIDING THE ABILITY TO FUNCTION – WORK PLACEMENT

**8 ECTS**

**HAR2102A20S**

**Familiarisation with diaconal work in a parish 2 ECTS** (the work placement is carried out in a local parish of the Evangelical Lutheran Church of Finland)

*Intended learning  
outcomes*

Students

- can analyse the parish as an operating environment and diaconal work as an area within the parish
- can identify the life situations, needs and factors reducing the ability to function of diaconal customers (individuals, families and groups)

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- identify individual- and community-based helping methods used in diaconal work

**HAR2206A20S**  
Intended learning  
outcomes

### Supporting and guiding the ability to function – work placement

Students

- know how to consider the significance of the diversity, multiculturalism and life history of patients/customers in their nursing and guidance
- know how to act according to the operating environment's data security and protection practices and patient and customer safety practices
- know how to execute a verbal and visual patient guidance presentation under supervision and consider the life history and living environment of the patient in the guidance
- know how to identify the nursing needs of a patient and customer as well as act and assess their own competence according to the national nursing process model
- know how to document nursing and communicate orally
- know how to observe infection risks during the work placement and work in an aseptic way
- know how to identify pharmacotherapy risks in their own operations and act according to pharmacotherapy competence requirements and responsibility
- know how to assess the realisation of their objectives and work placement plan and set professional development objectives

## RUO2003A20S PROFESSIONAL SWEDISH

3 ECTS

The student will gain the oral and written skills of the other domestic language needed when working in their field as referred to in section 8 of the Universities of Applied Sciences Act (352/2003).

**RUO2101A20S**  
Intended learning  
outcomes

### Oral Swedish

1.5 ECTS

Students

- know how to describe their education, work placement, work experience and competence
- know how to communicate in typical professional settings
- know how to ask questions related to the state of health or life situation of a customer or someone participating in the activities and respond to questions
- know how to communicate necessary information to a customer, family members and other parties

Core contents

- speaking in everyday situations
- professional vocabulary and topics in the student's field
- customer situations

**RUO2201A20S**  
Intended learning  
outcomes

### Written Swedish

1.5 ECTS

Students

- know how to describe their education, work placement, work experience and competence
- know how to communicate in typical professional settings
- know how to report and document information about the customer
- know how to communicate necessary information to a customer, family members and other parties

## INCLUSION AND GUIDANCE

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### *Core contents*

- writing and reading
- professional vocabulary and topics in the student's field
- typical written communication in the student's field

## COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)

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**AMM0103A20S**

**TOOLS FOR DEVELOPING THE PROFESSIONAL FIELD I**

**3 ECTS**

### *Intended learning outcomes*

Students

- are familiar with the concepts of knowledge and various kinds of knowledge
- know the basis of development work within social, health and church sectors
- know the basics of project work
- know the basic terms and practices of service design and conceptualisation
- identify development objects in a changing working life and their professional competence
- know the basics of research writing and are familiar with research reports as a text type

### *Core contents*

- concepts and types of knowledge
- data sources, databases and source criticism
- basis of development work within social, health and church sectors
- project work
- service design
- conceptualisation
- data sources, databases and source criticism
- research writing and research reports as a text type

Lined writing area with 30 horizontal lines.

**AHO0104A20S**

*Intended learning outcomes*

**Evidence-based clinical adult nursing 4 ECTS**

Students

- know how to form a description of holistic nursing in adult nursing
- know how to analyse information regarding adult health and wellbeing and the need for care and service systems
- know how to apply the basics of medical care to the most common internal diseases and surgeries in customer-oriented nursing and health promotion
- know how to apply the patient's experience-based knowledge when guiding lifestyle changes and supporting coping in the daily life
- know how to apply evidence-based data and assess the quality of care

*Core contents*

- holistic nursing
- adult health and wellbeing, need for care and services
- the most common internal diseases and procedures and methods used in the treatment of an internal disease patient
- the most common surgically treated diseases
- pre-, intra- and postoperative nursing
- treatment of pain and wounds
- cancer nursing
- nutritional nursing
- NEWS (National Early Warning Score)
- falling ill and sexual health
- lifestyle guidance, coping in the daily life, patient's experimental knowledge
- evidence-based nursing, health technology and treatment quality

**AHO0203A20S**

*Intended learning outcomes*

**Functions of clinical nursing, simulations**

**3 ECTS**

Students

- know how to execute parenteral hydration and nutrition treatment and pharmacotherapy in acute nursing
- know how to execute enteral nutrition in the treatment of a chronically ill patient
- know how to apply information in preparing and guiding patients before a surgery and in the most common surgery and anaesthesia operations as well as observation and nursing after surgeries
- know how to use the check lists in an operating room
- are familiar with the principles of advanced life support
- are familiar with equipment technology and patient safety
- know how to justify their actions with up-to-date research data and care recommendations

*Core contents*

- Nursing process of an internal disease patient, perioperative patient and cancer patient
- parenteral and enteral hydration and nutrition treatment and pharmacotherapy, blood transfusion, sampling
- assisting in surgical operations
- advanced life support
- equipment technology and patient safety
- prevention of infections and asepsis
- decision-making and teamwork competence



**LÄÄ0202A20S**  
Intended learning  
outcomes

### Adult pharmacotherapy and drug calculations

**2 ECTS**

Students

- know how to plan safe pharmacotherapy for adults and draft a complication event report and understand its significance
- understand the basics of clinical pharmacology in pharmacotherapy of the most common adult diseases and know how to apply the information in nursing
- know how to guide pharmacotherapy and its self-supervision to patients and their immediate circle using a variety of methods
- know how to use drug databases and apply the information in pharmacotherapy
- know how to execute the various forms of drug calculations without errors and understand the significance of the operations in nursing

Core contents

- patient safety
- drug and medication safety
- the most common drug ingredient groups and their areas of use, modes of action and routes of administration
- therapeutic effects of medicines, side and joint effects and mechanisms of combined action
- self-medication
- pharmacotherapy guidance, committing and engaging to treatment
- applications of drug mathematics

**HAR3106A20S**

### CLINICAL WORK PLACEMENT IN ADULT NURSING I

**6 ECTS**

and

**HAR3206A20S**

### CLINICAL WORK PLACEMENT IN ADULT NURSING II

**6 ECTS**

Intended learning  
outcomes

Students

- know how to execute the basics of medical treatment under supervision when nursing patients in a typical operating environment and act according to patient safety
- know how to draft a treatment plan based on the nursing process and communicate their work orally and in writing
- know how to guide the patient and their immediate circle individually in the treatment of diseases, rehabilitation and self-monitoring
- know how to observe and identify factors that endanger the patient's health and implement methods of early intervention
- know how to observe infection risks in the work placement environment and work in an aseptic way
- know how to identify risks in the pharmacotherapy process and act according to their responsibility
- execution of pharmacotherapy through various routes of administration
- monitoring and recording the effects of pharmacotherapy, pharmacotherapy review and assessment
- drug and medication safety
- know how to identify signs of disadvantage and marginalisation in the patients at the work placement and their immediate circle and act according to the principles of brotherly love and ethical principles
- know how to identify the need for emotional and spiritual support of the patient and their immediate circle and apply methods of assisting interaction and spiritual nursing in the care relationship

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- know how to guide the customer/patient and their immediate circle to use appropriate social services and healthcare and third-sector services
  - know how to use the technological tools and applications used in adult nursing in an ethical and customer-oriented manner
  - know how to assess their professional growth phase and present development challenges in adult nursing

**DKT1005A20S THEOLOGICAL FOUNDATIONS OF DIACONAL WORK AND CHRISTIAN EDUCATION I 5 ECTS**

*Intended learning outcomes*

Students

- know how to analyse Christianity as a religion and an object of study
- are familiar with the creation of the Bible and the central contents of the New Testament
- are familiar with the main lines of thinking in early Christian history and theology as well as their significance in shaping Christianity
- are familiar with the early historical and theological basis of diaconal work and Christian education
- know how to use the Bible and hymn book in devotional life
- are familiar with terms related to spirituality and be able to reflect on their own spiritual identity

*Core contents*

- religion and theology, faith and knowledge
- creation and contents of the New Testament
- history of Early Christianity and the basics of a classical interpretation of faith
- early historical and theological basis of diaconal work and Christian education
- Bible and hymn book as the main books of devotional life
- spirituality and spiritual identity

**VHO0004A20S ELDER CARE 4 ECTS**

**YHT4002A20S Old age 2 ECTS**

The study module is included as part of church studies

*Intended learning outcomes*

Students

- understand aging, old age and the life path and situations of the elderly from a multidisciplinary starting point
- are familiar with old-age and elder care policies, values, objectives, work methods and quality recommendations
- know how to assess and analyse their values, attitudes and ideas of humans in relation to the uniqueness of old age

*Core contents*

- the multidisciplinary basis of aging and analysing old age
- diversity of old age and the ability to function
- national and international old age policies
- changes related to aging
- reflection of professional personal growth
- values, objectives and work methods related to working with the elderly
- Act on Supporting the Functional Capacity of the Older Population and on Social and Health Services for Older Persons and quality recommendations

**VHO0102A20S**  
Intended learning  
outcomes

**Evidence-based clinical elder care**

**2 ECTS**

Students

- understand the basics of the medical treatment of the most common diseases of the elderly and know how to apply the information in nursing
- know how to assess the nutritional state and need for treatment of an aging person and its significance in rehabilitation and preventing the weakening of the ability to function
- know how to support and guide older persons with memory disorders and their immediate circle in coping in the daily life despite the disorder and weakened ability to function
- know how to assess the risk factors that increase the need for services related to the health, living conditions and life situation of the elderly and instruct the use of existing services
- know how to apply evidence-based data and assess the quality of care

Core contents

- central diseases of the elderly
- memory disorders and treating people with memory disorders
- nutrition and the ability to function of the elderly and assessing their resources
- inclusion of and support for the elderly and their immediate circle
- service needs assessment and gerontechnology
- evidence-based nursing and treatment quality

**LÄÄ0302A20S**

**PHARMACOTHERAPY AND DRUG CALCULATIONS IN ELDER CARE**

**2 ECTS**

Intended learning  
outcomes

Students

- understand the characteristics of patient safety in pharmacotherapy within elder care
- understand the basics of clinical pharmacology in pharmacotherapy of the most common diseases of the elderly and know how to apply the information in nursing
- know how to guide pharmacotherapy and its self-supervision to patients and their immediate circle
- know how to use drug databases and apply the information in pharmacotherapy
- know how to execute the various forms of drug calculations without errors and understand the significance of the operations in nursing

Core contents

- patient safety
- characteristics of pharmacotherapy
- drug and medication safety
- the most common drug ingredient groups and their areas of use, modes of action and routes of administration
- therapeutic effects of medicines, side and joint effects and mechanisms of combined action
- self-medication
- pharmacotherapy guidance, committing and engaging to treatment
- applications of drug mathematics

## COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)

AMM0202A20S

TOOLS FOR DEVELOPING THE PROFESSIONAL FIELD II

2 ECTS

### *Intended learning outcomes*

Students

- understand the significance of customer inclusion in development within social, health and church sectors
- are familiar with the development process phases within social, healthcare and church sectors
- are familiar with various development and impact assessment methods within social, healthcare and church sectors
- know how to retrieve and use information from national and international sources
- identify the ethical questions related to using databases and collecting data
- know how to draft a data collection plan for development work

### *Core contents*

- customer inclusion in development activities
- the development process, methods and impact assessment
- national and international data sources
- ethical questions related to development as well as good scientific praxis and the basis of open science and research
- data collection plans



# VARIETY OF LIFE PATHS AND HEALTH PROMOTION I

PHH0005A20S

PALLIATIVE AND SPIRITUAL NURSING

5 ECTS

The study module is included as part of church studies

*Intended learning outcomes*

Students

- understand the value basis and principles of palliative and end-of-life care
- understand the different meanings of individual and community spirituality as well as nursing activities that promote coping and spiritual wellbeing
- know how to implement customer-oriented and symptom-based humane nursing to a patient who is terminally ill or dying and support their immediate circle
- know how to identify and encounter the patient's and their immediate circle's emotional, existential and spiritual needs in various life situations and utilise pastoral helping methods
- know how to plan multidisciplinary collaboration and network to support the patient's and their immediate circle's life management and quality of life
- know how to utilise third-sector services and activities in a customer-oriented manner in palliative nursing and when considering spiritual needs
- know how to apply current social services and healthcare programmes
- know how to assess and develop their readiness to encounter and help a dying patient and their immediate circle
- reflect on their worldview and relationship to spirituality and the effect they have when encountering patients in a holistic manner
- are familiar with national and international research on the topic

*Core contents*

- palliative nursing and end-of-life care: central concepts, values and principles
- view of humans, spiritual needs, spiritual wellbeing and malaise
- customer-orientation and treatment of symptoms
- central matters in an end-of-life treatment plan, advance directive
- signs of impending death
- multidisciplinary collaboration, service coordination and third sector
- current measure programmes
- assistance methods within nursing and pastoral care in end-of-life care
- supporting the patient's immediate circle
- student's readiness to support the spirituality of an individual and community
- current national and international research data

HAR4007A20S

CLINICAL WORK PLACEMENT IN ELDER CARE

WORK PLACEMENT / WORK PLACEMENT IN HOME NURSING

7 ECTS

Primarily, the student will complete their work placement in home nursing. If this is not possible, it must be completed at some other point during the degree programme. The student will arrange this separately, and it will be noted in their personal study plan.

*Objectives for the work placement in elder care*

Students

- know how to consider the significance of the diversity, multiculturalism and life history of the elderly in nursing and guidance
- know how to support the wellbeing, ability to function and quality of life of the elderly
- know how to apply the basics of medical nursing in holistic elder care

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- know how to consider the health promotion, family caregiving and support needs of the immediate circle of the elderly in the patient's treatment
- know how to identify signs of disadvantage and marginalisation of the elderly in the patients at the work placement and their immediate circle and act according to ethical principles
- know how to identify the need for emotional and spiritual support of the elderly and their immediately circle and apply methods of assisting interaction and spiritual nursing in the care relationship
- know how to identify risks in the pharmacotherapy process and act according to their responsibility
- execution of pharmacotherapy through various routes of administration
- monitoring and recording the effects of pharmacotherapy, pharmacotherapy review and assessment
- drug and medication safety
- know how to network and guide the elderly and their immediate circle to use appropriate social services and healthcare and third-sector services
- understand the significance of a multidisciplinary team and know how to act according to its operating principles
- know how to use the technological tools and applications used in elder care in an ethical and customer-oriented manner
- know how to assess their professional growth phase and present development challenges in elder care

#### *Objectives for the work placement in home nursing*

##### Students

- know how to consider the significance of the diversity, multiculturalism and life history of customers in nursing and guidance carried out at home
- know how to assess and support the wellbeing, ability to function and quality of life of a home nursing customer
- know how to utilise and apply assessment methods of the customer's need for treatment to identify changes in the customer's wellbeing
- know how to plan and assess the customer's treatment and factors endangering their health
- know how to implement the customer's treatment according to the treatment plan
- know how to consider health promotion and service needs of the customer and their immediate circle in the customer's treatment
- know how to identify signs of disadvantage and marginalisation in the patients at the work placement and their immediate circle and act according to ethical principles
- know how to identify the need for emotional and spiritual support of the customer and their immediate circle and apply methods of assisting interaction and spiritual nursing in the customer relationship
- know how to identify risks in the pharmacotherapy process and act according to their responsibility
- execution of pharmacotherapy through various routes of administration
- monitoring and recording the effects of pharmacotherapy, pharmacotherapy review and assessment
- drug and medication safety
- know how to network and guide the customer and their immediate circle to use appropriate social services and healthcare and third-sector services
- understand the significance of a multidisciplinary team and know how to act according to its operating principles

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# VARIETY OF LIFE PATHS AND HEALTH PROMOTION I

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- know how to use the technological tools and applications used in home nursing in an ethical and customer-oriented manner
- know how to assess their professional growth phase and present development challenges in home nursing

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## **MPH0008A20S**      **MENTAL HEALTH AND SUBSTANCE ABUSE WORK**      **8 ECTS**

### **YHT5004A20S**      **Mental health and intoxicating substances**      **4 ECTS**

The study module is included as part of church studies

*Intended learning outcomes*

Students

- understand individual, communal, social and cultural factors related to mental health and substance abuse
- understand the significance of factors protecting wellbeing and positive mental health
- are familiar with central mental health disorders and comorbidity as well as their individual manifestation and connection to substance abuse
- know the basics of intoxicating substances and the risks and downsides related to their use
- understand the basics of how various crises manifest
- are familiar with the central legislation related to mental health and substance abuse work
- understand the significance of talking about a topic as well as early and well-timed help
- understand the significance of work promoting and remedying mental health
- understand the significance of preventative and remedying substance abuse work
- know the basics of crisis work and methods of helping
- understand the significance of customer-oriented multidisciplinary expertise in mental health, crisis and substance abuse work
- know how to assess and analyse their own values, attitudes and ideas of humans in relation to mental health and intoxicating substances.

*Core contents*

- factors protecting wellbeing and positive mental health as well as factors exposing people to mental health and substance abuse problems
- the most common mental health disorders and comorbidity and their connection to substance abuse
- intoxicating substances (alcohol, surrogate alcohol, multi-addiction, cigarettes and drugs) and addictive behaviour
- manifestation of crises
- central legislation related to mental health and substance abuse work
- work that promotes and remedies mental health
- work that prevents and remedies substance abuse
- processing downsides, health risks and problems
- basics of crisis work and methods of helping
- multidisciplinary expertise and collaboration in mental health, substance abuse and crisis work
- reflection of professional personal growth

### **MPH0104A20S**      **Evidence-based clinical nursing and simulation in mental health and substance abuse work**      **4 ECTS**

The study module includes 2 ECTS of simulation practice



*Intended learning outcomes*

## Students

- understand the basics of the medical treatment of the most common mental health disorders and psychiatric diseases and know how to apply the information in nursing
- know how to utilise the experimental knowledge of the patient and their immediate circle in guidance and the immediate network in supporting daily coping
- know how to encounter and maintain treatment-based interaction in a resource-based manner that promotes the mental health of a customer/patient with mental health and substance abuse problems and prevents disruptions
- know how to use methods that support and promote resources and justify their actions with evidence-based knowledge and treatment recommendations
- know how to implement service coordination and understand the impact and cost-effectiveness of basic services
- know how to apply current social services and healthcare programmes
- know how to act to promote customer, patient and occupational safety

*Core contents*

- medical treatment of mental health and substance abuse problems and psychiatric diseases
- support of daily coping and evidence-based nursing
- treatment-based interaction and recovery orientation
- creative, functional and psychophysical methods
- service coordination, guidance and teaching competence
- personal self-knowledge
- current measure programmes
- interaction, teamwork and community competence

**LÄÄ0401A20S****PHARMACOTHERAPY AND DRUG CALCULATIONS  
IN MENTAL HEALTH AND SUBSTANCE ABUSE WORK****1 ECTS***Intended learning outcomes*

## Students

- understand the characteristics of pharmacotherapeutic patient safety in the treatment of a patient with mental health and substance abuse problems
- understand the basics of clinical pharmacology in pharmacotherapy of the most common mental health problems and psychiatric disorders and know how to apply the information in nursing
- know how to guide pharmacotherapy and its self-supervision to patients and their immediate circle
- know how to execute the various forms of drug calculations without errors and understand the significance of the operations in nursing

*Core contents*

- patient safety
- characteristics of pharmacotherapy
- drug and medication safety
- the most common drug ingredient groups and their areas of use, modes of action and routes of administration
- therapeutic effects of medicines, side and joint effects and mechanisms of combined action
- self-medication
- pharmacotherapy guidance, committing and engaging to treatment
- applications of drug mathematics

# VARIETY OF LIFE PATHS AND HEALTH PROMOTION I

**HAR5008A20S**

## **WORK PLACEMENT IN MENTAL HEALTH PROMOTION AND SUBSTANCE ABUSE WORK**

**8 ECTS**

*Intended learning outcomes*

Students

- know how to consider the significance of the diversity, multiculturalism and life history of customers/patients in the treatment of illnesses and rehabilitation
- know how to apply the basics of medical care in nursing
- know how to identify risks in the pharmacotherapy process and act according to their responsibility
- execution of pharmacotherapy through various routes of administration
- monitoring and recording the effects of pharmacotherapy, pharmacotherapy review and assessment
- drug and medication safety
- know how to create and maintain treatment-based interaction
- know how to support the customer/patient in utilising online self-care methods to support their rehabilitation
- know how to consider the family and close network and support their adaptation and inclusion in the various phases of the rehabilitation process
- understand the significance of job supervision in mental health and substance abuse work
- know how to apply creative and functional methods in substance abuse and mental health work
- know how to support the customer/patient in an acute crisis
- know how to identify the need for emotional and spiritual support of the patient/customer and apply methods of assisting interaction and spiritual nursing in the care relationship
- know how to guide the customer/patient to use appropriate social services and healthcare and third-sector services
- know how to use the technological tools and applications used in mental health and substance abuse work in an ethical and customer-oriented manner
- know how to critically analyse and assess their values and attitudes in their professional activities and set development challenges

## **COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)**

**OPI0015A20S**

**THESIS**

**15 ECTS**

**KEH0103A20S**

**Development and innovation I**

**3 ECTS**

*Intended learning outcomes*

Students

- are familiar with the research, development and innovation process
- know various research methods and research material analysis methods
- know how to define the goals, methods and ethics in a research process
- know how to carry out a literary review in a research, development and innovation process
- know how to make a thesis idea paper
- are familiar with the thesis process and know how to use multi-professional guidance to support their thesis process

*Core contents*

- research, development and innovation process
- research methods and research material analysis methods
- thesis process
- literary review
- thesis idea paper



## VARIETY OF LIFE PATHS AND HEALTH PROMOTION II

<b>LHO0006A20S</b>	<b>CHILD, ADOLESCENT AND FAMILY NURSING</b>	<b>6 ECTS</b>
<b>LHO0102A20S</b> <i>Intended learning outcomes</i>	<b>Health promotion with children, adolescents and families</b>	<b>2 ECTS</b>
<i>Core contents</i>	<p>Students</p> <ul style="list-style-type: none"><li>• understand the significance of actions that preserve and maintain health to the future of children and adolescents</li><li>• are familiar with the growth and development phases of children and adolescents as well as deviations in them</li><li>• are familiar with the basics of promoting sexual and reproductive health</li><li>• understand the customary progress and monitoring of pregnancy, childbirth and puerperium as well as methods of health promotion</li><li>• know how to support families in becoming parents and taking care of a newborn</li><li>• are familiar with the principles and practices of child welfare</li></ul> <p>• factors protecting and promoting the health and wellbeing of children and adolescents</p> <ul style="list-style-type: none"><li>• the growth and development of children and adolescents</li><li>• sexual and reproductive health</li><li>• the customary progress of pregnancy, childbirth and puerperium</li><li>• supporting parenthood and taking care of a newborn</li><li>• child welfare</li></ul>	
<b>LHO0202A20S</b> <i>Intended learning outcomes</i>	<b>Evidence-based clinical child and adolescent nursing</b>	<b>2 ECTS</b>
<i>Core contents</i>	<p>Students</p> <ul style="list-style-type: none"><li>• know how to apply the basics of medical care in the nursing of the most common child and adolescent diseases</li><li>• understand the significance of the disease and hospital care to the child, adolescent and their family and know how to support and promote the wellbeing of families with children</li><li>• know how to guide the child, adolescent and their family in a customer- and resource-based manner while considering the need to cope in the daily life</li><li>• know how to apply evidence-based data and assess the quality of care</li></ul> <p>• most common child and adolescent diseases</p> <ul style="list-style-type: none"><li>• a family-oriented nursing process of a child and adolescent who has fallen suddenly and chronically ill</li><li>• various forms and methods of family nursing</li><li>• evidence-based nursing and treatment quality</li><li>• PEWS (Pediatric Early Warning Score)</li></ul>	
<b>LHO0302A20S</b> <i>Intended learning outcomes</i>	<b>Clinical nursing functions for children and adolescents, simulation</b>	<b>2 ECTS</b>
	<p>Students</p> <ul style="list-style-type: none"><li>• know how to implement the hydration and nutritional treatment and pharmacotherapy of children of various ages</li><li>• know how to identify and treat a patient in immediate need of first aid and their family members</li><li>• know how to implement child and adolescent nursing through creative and functional methods</li><li>• know how to utilise health technology</li><li>• know how to justify their actions with up-to-date research data and care recommendations</li></ul>	

*Core contents*

- enteral and parenteral care
- emergency patients, responsibilities and obligations of nurses
- prevention of infections and asepsis
- creative and functional methods, health technology
- decision-making and teamwork competence
- evidence-based action and treatment recommendations

**LÄÄ0501A20S****PHARMACOTHERAPY AND DRUG CALCULATIONS IN CHILD AND ADOLESCENT WORK****1 ECTS***Intended learning outcomes*

## Students

- understand the characteristics of patient safety in pharmacotherapy within child and adolescent nursing
- understand the basics of clinical pharmacology in pharmacotherapy of the most common child and adolescent diseases and know how to apply the information in nursing
- know how to guide pharmacotherapy and its self-supervision to children and adolescents and their immediate circle
- know how to execute the various forms of drug calculations without errors and understand the significance of the operations in nursing

*Core contents*

- patient safety
- characteristics of pharmacotherapy
- drug and medication safety
- the most common drug ingredient groups and their areas of use, modes of action and routes of administration
- therapeutic effects of medicines, side and joint effects and mechanisms of combined action
- self-medication
- pharmacotherapy guidance, committing and engaging to treatment
- applications of drug mathematics

**LÄÄ0602A20S****VACCINATIONS AND PREVENTION OF INFECTIOUS DISEASES****2 ECTS***Intended learning outcomes*

## Students

- are familiar with the national vaccination programme and its vaccines
- are familiar with the diseases prevented with vaccines
- know how to justify matters related to vaccines and vaccination
- are familiar with the contraindications of vaccinations and the vaccination technique

*Core contents*

- vaccination competence, significance of vaccinations and the national vaccination programme
- diseases prevented with vaccines
- significance of vaccinations and vaccinating special groups
- planning and executing a vaccination situation
- vaccination guidance

**HAR6008A20S**

**CLINICAL WORK PLACEMENT IN CHILD,  
ADOLESCENT AND FAMILY NURSING**

**8 ECTS**

*Intended learning  
outcomes*

Students

- know how to consider the significance of diversity, multiculturalism and life situation of children, adolescents and families in health promotion and guidance
- know how to apply the basics of medical nursing in the nursing of children and adolescents typical to the operating environment
- know how to observe infection risks in the work placement environment and work in an aseptically correct way
- know how to identify risks in the pharmacotherapy process and act according to their responsibility
- execution of pharmacotherapy through various routes of administration
- monitoring and recording the effects of pharmacotherapy, pharmacotherapy review and assessment
- drug and medication safety
- know how to support the adolescent and their family to utilise online self-care methods to support their self-care of diseases and rehabilitation
- know how to identify the need for early intervention in the child's, adolescent's and family's life and use early-intervention and empowering working methods
- know how to identify threats and characteristics of disadvantage and marginalisation in children, adolescents and families and act according to the principles of brotherly love and ethical principles
- know how to identify the need for emotional and spiritual growth and support in children and adolescents and apply methods of assisting interaction and spiritual nursing in the care relationship
- know how to support relationships and parenthood
- know how to guide adolescents and their family to use appropriate social services and healthcare and third-sector services
- know how to use the technological tools and applications used in child, adolescent and family nursing in an ethical and customer-oriented manner
- know how to assess the phase of their professional growth and present development challenges in child, adolescent and family nursing

**DKT2005A20S**

**THEOLOGICAL FOUNDATIONS OF  
DIACONAL WORK AND CHRISTIAN EDUCATION II**

**5 ECTS**

*Intended learning  
outcomes*

Students

- know the main outline of the Old Testament
- know how to analyse the history and theology of the Middle Ages and reformation and their meaning in the shaping of Christianity as well as identify their impact on the modern era
- are familiar with the central characteristics of Lutheran theology and know how to analyse diaconal work in the church and education through them
- know the theological basis of a church service and participate in executing a church service

*Core contents*

- Central contents of the Old Testament (creation, historical books, prophecies, apocalypse) →
- central Christian questions of the late Middle Ages and reformation age

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- confession and teachings of the Lutheran church and their impact on the theology and history of diaconal work and Christian education
- the theological basis of church services and participation in the execution of a church service

**ENG0003A15S PROFESSIONAL ENGLISH****3 ECTS**

**ENG0101A15S**  
*Intended learning  
outcomes*

**Oral English****1.5 ECTS**

## Students

- know how to communicate in multi-professional and multicultural settings (objective is to reach the European CEFR level B2)
  - know how to advise the customer verbally
  - know how to investigate the customer's current and previous state of health or life situation
  - know how to use and understand the key professional vocabulary and concepts
- Core contents*
- intercultural communication
  - customer situations
  - professional vocabulary and topics in the student's field

**ENG0201A15S**  
*Intended learning  
outcomes*

**Written English****1.5 ECTS**

## Students

- know how to communicate in multi-professional and multicultural settings (objective is to reach the European CEFR level B2)
  - know how to advise the customer in writing
  - know how to appropriately document the information needed in the service
  - know how to use and understand the key professional vocabulary and concepts
- Core contents*
- intercultural communication
  - customer situations
  - professional vocabulary and topics in the student's field

**COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)****OPI0015A20S****THESIS****15 ECTS****Development and innovation II 2 ECTS**

**KEH0202A20S**  
*Intended learning  
outcomes*

## Students

- know various research, development and innovation methods and research material analysis methods
- know how to apply the selected research, development and innovation strategy and method
- know how to make a thesis plan
- master the thesis process and know how to use multi-professional guidance to support their thesis process
- know how to critically appraise research data and justify their choices

*Core contents*

- research, development and innovation methods and research material analysis methods
- thesis plan
- critical assessment of research and method data

# APPLIED AND DEVELOPING EXPERTISE

<b>HOA0005A20S</b>	<b>DEVELOPING EXPERTISE IN NURSING</b>	<b>5 ECTS</b>
<b>HOA0103A20S</b> <i>Intended learning outcomes</i>	<b>Management and entrepreneurship</b>	<b>3 ECTS</b>
<i>Core contents</i>	<p>Students</p> <ul style="list-style-type: none"><li>• understand the significance of customer relationship management in management and promoting the quality of care and services</li><li>• understand the significance of developing the key healthcare organisational structures and management principles in promoting health and social justice</li><li>• understand the significance of nursing management in the activities of the work community and team and promotion of care and quality</li><li>• understand their responsibility for managing themselves and developing their work-life skills</li><li>• identify their role in specialist and immediate supervisor tasks</li><li>• understand the basics of entrepreneurship in healthcare and its significance as part of the social service system</li></ul> <p>• customer relationship management, health benefit models, quality of services and care</p> <p>• healthcare organisational structures, management systems, differences in management theories and practices</p> <p>• the role and task of a manager in nursing</p> <p>• work-life skills: immediate supervisors and work community skills, management of oneself and personal competence, collegiality, giving and receiving feedback, cost-awareness and financial activities</p> <p>• immediate supervisory work, customer care coordination, prioritising and resourcing work tasks, patient classification</p> <p>• entrepreneurship as a nurse</p>	
<b>YHT6002A20S</b> <i>Intended learning outcomes</i>	<b>Social and health economy</b>	<b>2 ECTS</b>
<i>Core contents</i>	<p>Students</p> <ul style="list-style-type: none"><li>• are familiar with key terms and viewpoints in the social and health economy</li><li>• are familiar with the impact and efficiency assessment of social services and healthcare</li><li>• know the objectives of the social welfare and healthcare reform and the structure of regional social welfare and healthcare</li><li>• know how to apply the basics of social and health economy in their work</li></ul> <p>• key terms and viewpoints of the social and health economy</p> <p>• impact and efficiency of social services and healthcare</p> <p>• objectives and the regional structure of the social welfare and healthcare reform</p>	
<b>DIH0008A20S</b>	<b>EXPERTISE IN DIACONAL NURSING</b>	<b>8 ECTS</b>
<b>DIH0103A20S</b> <i>Intended learning outcomes</i>	<b>Deaconess expertise in nursing</b> The study module is included as part of church studies	<b>4 ECTS</b>
	<p>Students</p> <ul style="list-style-type: none"><li>• apply methods of pastoral care and spiritual guidance in a versatile way</li><li>• know how to identify and help customers and families in need of special support and at risk of marginalisation</li><li>• are familiar with and know how to use helping methods of diaconal nursing in a customer- and community-oriented manner</li></ul>	



- know how to act as a specialist of diaconal nursing in multidisciplinary working groups, work communities and networks
- can evaluate their own actions as a social advocate and a promoter of citizens' health and wellbeing

*Core contents*

- being disadvantaged, life situations causing the need for special support
- multidisciplinary collaboration
- the student's personal spirituality and calling
- health maintenance and promotion as well as social advocacy
- professional ethics, diaconal nursing expertise, theology of helping
- diaconal nursing helping methods in hospital and institutional environments
- pastoral care and tools of spiritual guidance

**HOE0204A20S**  
*Intended learning  
 outcomes*

**Clinical expertise, simulation****4 ECTS**

## Students

- know how to act in changing clinical nursing situations requiring quick decision-making
- know how to justify their actions with up-to-date research data and care recommendations
- know how to coordinate, prioritise and resource tasks
- know how to utilise health technology
- know how to execute pharmacotherapy under supervision

*Core contents*

- clinical patient and customer situations
- examinations and treatment recommendations
- management of work and tasks of an immediate supervisor
- pharmacotherapy
- applications of drug mathematics

**HAR8010A20S****DIACONAL NURSING EXPERTISE – WORK PLACEMENT****15 ECTS***Intended learning*

4 ECTS of the study module is included in church studies

## Students

- know how to observe, bring up in conversation and document the life situations, wellbeing and factors stressing and promoting the health of customers/patients of various ages
- know how to act as an advocate and maintain and promote the health of customer and patient groups in need of special support and in a vulnerable position
- know how to highlight the significance of pastoral care and spiritual nursing in the working community and nursing
- can evaluate and deepen their growth as someone providing pastoral and spiritual care in nursing
- know how to use and develop helping methods in nursing that strengthen the resources, inclusion and spiritual wellbeing of customers and their immediate circle
- know how to develop evidence-based helping methods in nursing and diaconal nursing and evaluate their impact in health promotion work

- know how to utilise the health technology tools and applications used in specialist work in a customer-oriented manner and analyse the ethical challenges of their use
- know how to assess and deepen their development as someone carrying out spiritual work and as a specialist of diaconal nursing in multidisciplinary working groups, work communities and networks
- assess and develop their professional ethical operations according to the principles of nursing and diaconal work

### COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)

**OPI0015A20S**      **THESIS**      **15 ECTS**

**KEH0305A20S**      **Development and innovation III**      **5 ECTS**

*Intended learning outcomes*

#### Students

- know how to apply research, development and innovation methods in their work and develop their own activities in the working life
- know how to write a thesis as an investigating, developing, innovative and reflective collaboration process in the social, health and/or church sector
- understand the significance of result and impact assessments in research, development and innovation activities
- know how to give and receive constructive and critical feedback on research, development and innovation work
- know how to make a thesis report

#### *Core contents*

- application of research, development and innovation methods
- implementing a thesis project within the social, health and/or church sector
- result and impact assessments in research, development and innovation activities
- constructive and critical feedback
- thesis report



# PARTICIPATORY DEVELOPMENT AND ADVOCACY I

<b>KIR0005A20S</b>	<b>MULTICULTURAL WORK IN AND INTERNATIONAL RESPONSIBILITY OF THE CHURCH</b>	<b>5 ECTS</b>
<i>Intended learning outcomes</i>	<p>Students</p> <ul style="list-style-type: none"><li>• are familiar with international diaconal work, missions and the basis of multicultural work at the church and know how to apply them in parish work</li><li>• know how to analyse ecumenical dialogue</li><li>• are familiar with the basic models of religion theology and know how to apply the principles of religious dialogue</li><li>• know how to analyse the main outline of modern church history</li><li>• are familiar with the basics of contextual theology and its applications</li></ul>	
<i>Core contents</i>	<ul style="list-style-type: none"><li>• international diaconal work, missions and multicultural work of the church</li><li>• ecumenism</li><li>• religious dialogue and religious theology</li><li>• main outlines of modern church history</li><li>• contextual theology and its applications</li></ul>	

<b>DTA0010A20S</b>	<b>EXPERTISE IN DIACONAL WORK</b>	<b>10 ECTS</b>
<b>DTA0105A20S</b> <i>Intended learning outcomes</i>	<b>Theology of helping and building a diaconal community</b>	<b>5 ECTS</b>
	<p>Students</p> <ul style="list-style-type: none"><li>• are familiar with the arguments for a theological office</li><li>• know how to form their own theology of helping and reflect on their own actions from the viewpoint of holistic helping</li><li>• know the diaconal objectives, organisation and working methods (on the level of the church, diocese and parish)</li><li>• know how to develop church service and devotional life together with the members and employees of the parish</li><li>• know how to execute diaconal education and confirmation classes and develop the realisation of diaconal responsibility together with the members and other employees of the parish</li><li>• know how to develop the creation of community and the inclusion and volunteering of parishioners</li></ul>	
<i>Core contents</i>	<ul style="list-style-type: none"><li>• the diaconal office</li><li>• diaconal theology</li><li>• diaconal objectives, organisation and working methods</li><li>• development of church services and devotional life from a diaconal viewpoint</li><li>• diaconal education, confirmation classes and responsibility in the parish</li><li>• community, inclusion and volunteer activities and their development in diaconal work</li></ul>	
<b>DTA0205A20S</b> <i>Intended learning outcomes</i>	<b>Methods and social advocacy in diaconal work</b>	<b>5 ECTS</b>
	<p>Students</p> <ul style="list-style-type: none"><li>• know how to apply customer-oriented empowerment methods that support inclusion as well as pastoral care methods</li><li>• know how to guide individuals, families and groups by promoting humans' ability to function, health and wellbeing</li></ul>	→

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- know how to support parishioners in questions related to loss, sickness and death
- know how to analyse the diaconal task in relation to the society's service system and their own activities as a diaconal expert in multi-professional networks
- know how to communicate and impact in church and the society to realise social justice

*Core contents*

- diaconal work methods
- customer-orientation; individual and communal support
- encountering sorrow and death
- social, healthcare and third-sector services
- the diaconal task and the society's service system
- social advocacy

**HAR8010A20S****WORK PLACEMENT IN DIACONAL WORK****10 ECTS**

At least 12 ECTS of the parish work placement (HAR2102A20S + HAR8011A20S) is carried out in diaconal work at a local parish of the Evangelical Lutheran Church of Finland.

6 ECTS of the work placement is included in the work placement of registered nurse studies, which is why the work placement coordinator within the parish is a deaconess.

*Intended learning outcomes***Students**

- know how to act in a holistic manner, respect human dignity and observe the ethical principles of diaconal work and nursing
- observe and identify the morbidity and disadvantages caused by customers' socioeconomic health disparities
- know how to act as an advocate and maintain and promote the health of individuals, families, groups and communities in need of special support and in a vulnerable position and support those with financial problems
- know how to act as a health promoter at a diaconal office where customers can discuss and receive support and guidance in questions related to health and sicknesses
- guide groups related to the promotion of health of people of various ages and organise health promotion events and support the commitment to care
- collaborate with local multi-professional networks together with home nursing, end-of-life care and other actors within social services and healthcare as a specialist of diaconal work and diaconal nursing
- know how to assess and support customers' psychological wellbeing and resources as well as support the rehabilitative processes of mental health rehabilitees
- identify health hazards caused by substance abuse, guide and advise customers in using substance abuse services
- know how to assess the support needs of the elderly and support the treatment of sicknesses and commitment to care
- know how to support and help individuals and families during an acute crisis, moments of grief and death
- know how to use diverse health promotion and pastoral care methods
- know how to execute and develop church service and devotional life together with other employees and members of the parish
- know how to develop the professional practices and impact of diaconal work and assess their own development as a diaconal specialist

*Intended learning outcomes*

Students

- are familiar with the organisation and administration of the church and parish as well as the legislation and activities governing them
- know how to analyse factors related to management and work community skills from the viewpoint of church work
- know how to anticipate, plan and assess activities in their own field
- reflect on the theological foundation and operational outlines of holding an office at church in relation to their own professional identity
- understand the significance and methods of communication in church work as well as their own responsibility as a communicator

*Core contents*

- organisation and administration of the church and parish
- applicable sections of the Church Act and Church Order as well as the up-to-date operational policies and strategies and other documents governing the administration
- work community skills
- mental and spiritual wellbeing at work
- operational and financial planning and assessment especially from the viewpoint of the student's own field
- church office and the employee identity
- communication methods, channels and planning



## PARTICIPATORY DEVELOPMENT AND ADVOCACY II

### COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)

**OPI0015A20S**      **THESIS**      **15 ECTS**

**KEH0405A20S**      **Development and innovation IV**      **5 ECTS**

*Intended learning outcomes*

Students

- know how to assess research, development and innovation activities in professional work
- know how to present and justify the results of their research, development and innovation work in multidisciplinary thesis seminars and participate in professional ethical dialogue
- know how to communicate the results and further development challenges of their thesis to stakeholders
- know how to identify and communicate their professional competence and expertise to employers, collaboration partners and customers

*Core contents*

- thesis publication process
- professional communication
- professional critical reflection
- maturity test

**AJA0005A20S**      **MODERN INTERPRETATIONS OF CHRISTIANITY**      **5 ECTS**

*Intended learning outcomes*

Students

- are familiar with the immediate and versatile history of the Finnish church
- know how to analyse the history, theological emphasis and modern state of revivalist and other Christian movements
- are familiar with modern theological orientations
- are familiar with the modern dialogue inside and about the church and understand its theological background
- know how to analyse the aspects of and change in spirituality and religiousness in the society and church
- know how to reflect on their calling as a church employee

*Core contents*

- history and current diversity of the Finnish church
- revivalist movements and their history and theological emphasis
- modern theological orientations
- modern dialogue regarding the church
- spirituality and religiousness and how they are changing
- acting as a professional within the church and having a calling

**HAR0908A20S**      **ADVANCED WORK PLACEMENT IN NURSING**      **8 ECTS**

The student selects the work placement according to their personal study plan from their selected area of nursing while taking into consideration the competence requirements of a registered nurse.





# TABLE OF CONTENTS

<b>THE BASIS OF PROFESSIONAL ENCOUNTERS AND THE SERVICE SYSTEM</b>		<b>4</b>
<b>ORI0002A20S</b>	Orientation to higher education studies	4
<b>ASI0006A20S</b>	Basis of customer work	4
<b>KOH0006A20S</b>	Encounters in a care relationship	5
<b>KHO1008A20S</b>	Clinical nursing 1	5
<b>STY0005A20S</b>	The church as an operating environment	7
<b>HAR1005A15S</b>	Basic work placement in nursing	7
<b>RUO1002A20S</b>	Introduction to Swedish	8
<b>INCLUSION AND GUIDANCE</b>		<b>10</b>
<b>OSA0009A20S</b>	Inclusive interaction and guidance	10
<b>KHO2007A20S</b>	Clinical nursing II	11
<b>LÄÄ0102A20S</b>	Safe pharmacotherapy and drug calculations	12
<b>HAR2008A20S</b>	Supporting and guiding the ability to function – work placement	12
<b>RUO2003A20S</b>	Professional Swedish	13
COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)		14
<b>AMM0103A20S</b>	Tools for developing the professional field I	14
<b>CLINICAL NURSING</b>		<b>16</b>
<b>AHO0007A20S</b>	Adult nursing	16
<b>HAR3106A20S</b>	Clinical work placement in adult nursing I	17
<b>HAR3206A20S</b>	Clinical work placement in adult nursing II	17
<b>DKT1005A20S</b>	Theological foundations of diaconal work and Christian education I	18
<b>VHO0004A20S</b>	Elder care	18
<b>LÄÄ0302A20S</b>	Pharmacotherapy and drug calculations in elder care	19
COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)		20
<b>AMM0202A20S</b>	Tools for developing the professional field II	20

<b>VARIETY OF LIFE PATHS AND HEALTH PROMOTION I</b>		<b>22</b>
<b>PHH0005A20S</b>	Palliative and spiritual nursing	22
<b>HAR4007A20S</b>	Clinical work placement in elder care / Work placement in home nursing	22
<b>MPH0008A20S</b>	Mental health and substance abuse work	24
<b>LÄÄ0401A20S</b>	Pharmacotherapy and drug calculations in mental health and substance	25
<b>HAR5008A20S</b>	Work placement in mental health promotion and substance abuse work	26
COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)		26
<b>OPI0015A20S</b>	Thesis	26

<b>VARIETY OF LIFE PATHS AND HEALTH PROMOTION II</b>		<b>28</b>
<b>LHO0006A20S</b>	Child, adolescent and family nursing	28
<b>LÄÄ0501A20S</b>	Pharmacotherapy and drug calculations in child and adolescent work	29
<b>LÄÄ0602A20S</b>	Vaccinations and the prevention of infectious diseases	29
<b>HAR6008A20S</b>	Clinical work placement in child, adolescent and family nursing	30
<b>DKT2005A20S</b>	Theological foundations of diaconal work and Christian education II	30
<b>ENG0003A15S</b>	Professional English	31
COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)		31
<b>OPI0015A20S</b>	Thesis	31

<b>APPLIED AND DEVELOPING EXPERTISE</b>		<b>32</b>
<b>HOA0005A20S</b>	Developing expertise in nursing	32
<b>DIH0008A20S</b>	Expertise in diaconal nursing	32
<b>HAR8010A20S</b>	Expertise in diaconal nursing – work placement	33
COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)		34
<b>OPI0015A20S</b>	Thesis	34

<b>PARTICIPATORY DEVELOPMENT AND ADVOCACY I</b>		<b>36</b>
<b>KIR0005A20S</b>	Multicultural work in and international responsibility of the church	36
<b>DTA0010A20S</b>	Expertise in diaconal work	36
<b>HAR8010A20S</b>	Diaconal work – work placement	37
<b>SEU0005A20S</b>	Development of parish work	38

<b>PARTICIPATORY DEVELOPMENT AND ADVOCACY II</b>		<b>40</b>
COMMUNITY-BASED PARTICIPATORY RESEARCH (CBPR)		40
<b>OPI0015A20S</b>	Thesis	40
<b>AJA0005A20S</b>	Modern interpretations of Christianity	40
<b>HAR9008A20S</b>	Advanced work placement in nursing	40

